**Get Ready for God’s Exhale!!!**

You are a spirit…you have a soul….they live in a body

**Spirit**: Build yourself upon most holy faith…praying in the Holy Ghost. Learn to

walk in His rest. (Gen 2:8 caused him to rest). Keep you spirit full. Man does

not live by bread alone but by every Word that proceeds out of the mouth  
 of God.

**Soul:** Mind, Will, Emotions…Set your mind on things above where Christ sitteth,

(Col. 3:2) think on these things (Php 4:8), Thou will keep him in perfect peace

whose mind is stayed on Thee: because he trusteth in thee. (Is. 26:3)

Renew your mind to God’s Word and ways. (Rom 12)

**Body**: Feed and exercise your body as a part of your worship of/to Me.

Be strong in the Lord and the power of His might… **What has God called you to fight for?** He has victories already won waiting for us to receive them in His Name.

**Galatians 4:4-5**

God will use us greatly if we will prepare ourselves – like Esther, pray like Hannah and abide like Deborah.

God endured with much longsuffering the vessels of wrath fitted to destruction.

(Who fitted themselves for destruction) **Romans 9:22**

**The Bride hath made herself ready**. Revelation 19:7-8